

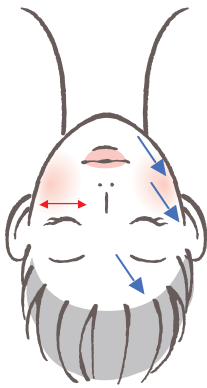
GLACIAL SHELL CLOSING MOVE PROTOCOL

CLOSING MOVE

All Skin Types.

Benefits: Reduces dark circles and puffiness around the eyes, helps to suppress acne flare ups, helps to firm and tighten skin prior to makeup application, increases circulation, diminishes the appearance of wrinkles, suppresses hair growth, helps to rejuvenate the skin, and reduces skin inflammation.

Products and Tools Needed: 1 or 2 Cowrie Lava Shells, Glacial Blend Charge(s), appropriate eye care product.



STEP ONE

At the end of your facial, before applying sunscreen, perform a glacial shell massage using your signature application massage. This application is similar to a sculptural modeling massage technique. Working on edema, lifting, highlighting and sculpting the tissue of the face. Pay special attention to the areas of high circulation. Also, a good choice for post extraction. This is a fusion of cold shell and tapotement style, lifting movements to lift and sculpt the face. The cold will leave the skin firm and radiant.