

WELCOMING, SKIN CLEANSING RITUAL PROTOCOL

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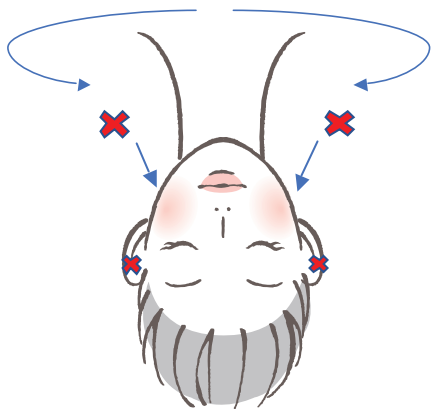
This unique experience allows you to maximize the cleansing and treatment process.

All Skin Types.

Benefits: Stimulates circulation, helps to prepare for exfoliation and extractions, clarifies complexion.

Products and Tools Needed: 2 Cowrie Shells, 2 Facial Blends, Skin Appropriate Massage Cream or Oil.

Treatment: A heat-infused opening massage ritual designed to relax and destress your guest.



STEP ONE

Start at the interior Pectoralis Major, glide shell around to the upper trapezius. Hold briefly and glide down to lower trapezius. Press 3 x's and repeat on other side.



STEP TWO

Turn head to the side, glide up the sternocleidomastoid and circle down to the lower trapezius. Press, repeat 2 – 3x's and repeat on the other side.

WELCOMING SKIN CLEANSING RITUAL :: CONTINUED



STEP THREE

Using the inside opening of the shell, glide shells up the jawline to ear lobe. Repeat 2-3 x's



STEP FOUR

Using the base of the shell, swipe up to the temples. Briefly hold at temple and repeat 2-3 x's



STEP FIVE

Use the tip of the shell, massage the sides of the nostrils, gently press at the lower Zygomaticus Minor for 3 count, and glide base up to upper Zygomaticus Major.



STEP SIX

Using the tip of the shell (careful and mindful of the heat), press and hold at the temple. Use the base of the other shell to swipe and circle across the forehead. Repeat on other side.

Final move – hold for a 3 count at temples and the Lave Shell Welcome is complete.