

# therma**bliss**<sup>®</sup>

## PARAFFIN ANYWHERE™

### HAND/FOOT TREATMENT PROTOCOL

**Treatment:** The first ever self-heating brush-on treatment features medical-grade, therapeutic paraffin with apple stem cell technology in a Nourishment+ blend infused with vitamins A, C, and E, Green and White Tea Extract antioxidants. This versatile client-exclusive spot application treatment with dripless brush, enables technicians to supercharge existing skin care product performance. Activated with Lava Gel<sup>®</sup> and lavender AromaVapor<sup>®</sup> Solution, Paraffin Anywhere creates exceptional signature services that enhance the client experience for hands, feet, face, décolletage, mani, pedi, elbows, knees, back...or, literally, *anywhere!*

**Benefits:** Reduces joint pain, relieves stiffness, stimulates circulation and deeply moisturizes skin.

**Products and Tools Needed:** 1 Paraffin Anywhere Kit

**Duration:** 15 minutes

#### STEP ONE

Activate Paraffin Anywhere according to instructions on Lavender AromaVapor Activator Solution.

#### STEP TWO

Cleanse hands and/or feet prior. Perform any exfoliation prior to applying the paraffin to the area.

#### *Optional*

Apply a light application of hydrating cream to increase the skin-softening benefit.

#### STEP THREE

Place the cup with melted paraffin as close to the client as possible and work quickly.

#### STEP FOUR

Dip brush in paraffin, wiping any excess on the side of cup. Hold a cloth or paper towel under the brush if needed.

#### STEP FIVE

Begin brushing paraffin, in thin even layers, over the treatment area. For the feet, ankles, or legs, brush paraffin in upward strokes, starting at the foot and working up towards the leg.

#### STEP SIX

Apply at least 3 layers of the paraffin. For maximum heat benefit, apply more layers of paraffin, up to 10-15 layers.

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*Optional*

Wrap plastic over the treatment area to insulate and retain the heat.

*Optional*

Perform Lava Shell massage on area(s) where Paraffin Anywhere is not being used.

**STEP SEVEN**

After 15 minutes, unwrap plastic, if used. Find edge of paraffin and lift off skin, removing in large pieces. Wipe with a soft towel to ensure that all the paraffin is completely removed. Discard all used paraffin.

**STEP EIGHT**

Finish treatment with skin appropriate topical serum or cream and follow with SPF.